



Food: Disciplinary Knowledge Progression Map

Making Food Choices	
Y1	<ul style="list-style-type: none">• Make food choices based on:<ul style="list-style-type: none">• Colour.• Quantity of sugar.• Seasonality.
Y2	<ul style="list-style-type: none">• Make food choices based on:<ul style="list-style-type: none">• The above.• Quantity of fat.• Quantity of salt.• Dietary requirements (vegans and vegetarians)
Y3	<ul style="list-style-type: none">• Make food choices based on:<ul style="list-style-type: none">• The above.• Food allergies
Y4	<ul style="list-style-type: none">• Make food choices based on:<ul style="list-style-type: none">• The above.• Food miles.
Y5	<ul style="list-style-type: none">• Make food choices based on:<ul style="list-style-type: none">• The above• Time taken to prepare.
Y6	<ul style="list-style-type: none">• Make food choices based on:<ul style="list-style-type: none">• The above• Carbon footprint of production and transport.• Occasion.• Cost.