



Worsbrough Bank End Primary School

The best in everyone™

Part of United Learning

Subject Leader Intent:

Academic Year 2022-2023

Subject	SIP Strands	Subject Leader	Line Manager
Physical Education	Strand	Adam Troake	Faye Bettison

At Worsbrough Bank End Primary we aim to inspire all children to develop a love of physical activity and sport. It is our vision that every pupil will lead and enjoy a physically active lifestyle that they will carry into adulthood. Through a high-quality curriculum, whole school values and whole child approach, we aim to nurture confident, resilient, and respectful children who will strive to reach their best.

Each child receives two hours of Physical Education per week and where possible, this time is split equally between indoor and outdoor lessons to ensure a full range of topics are covered. Our curriculum has been designed to provide children with the fundamental movement skills, fundamental sport skills, and sport-specific skills they need to experience sporting success. These include:

- balance
- agility
- co-ordination
- flexibility
- strength
- power
- running
- jumping
- throwing and catching
- attacking and defending
- teamwork and tactics
- spatial awareness

The curriculum has been carefully sequenced to allow children to build on a previous skill, knowledge and understanding. It is our intention to build the children's resilience and determination by setting individual goals and enhancing their confidence by trying new sports and physical challenges.

At Bank End we listen to our children and aim to provide them with a range of interesting enhancements and PE related experiences. Our active break times provide the children with a structured sporting activity whilst encouraging our sport leaders to take on the role of a coach to enhance their leadership skills. We have strong links with local schools to ensure our children have the opportunity to take part in inter-school and intra-school competitions which help embed the values of fair play and respect.

We strive to educate our children and families to develop a greater understanding of how to live a healthy lifestyle. We Embed this in everything we do at Bank End and actively encourage healthy choices and physical exercise. We enhance this further by taking part in healthy eating weeks and active travel. We are dedicated to ensuring healthy minds, as well as bodies, and will continue to use physical activity to support the children's mental well-being.

