

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Silver Menu Spring 2019

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Beef Burger in a Bun With wedges	Chicken Curry & Rice	Roast chicken with Mash/Roast Potatoes and Gravy	Sausage & mash	Battered fish with Chips
<b>7<sup>th</sup> January</b>	<b>Vegetarian</b>	Quorn burger in a bun With wedges	Vegetable stir fry With noodles	Veg pie mash top	Cheese & onion slice	Cheese & Tomato Pizza
<b>28<sup>th</sup> January</b>		Salad & Coleslaw	Sweetcorn & Garden peas	Carrot and Swede Mash	Mixed vegetables & Cabbage	Baked Beans Garden Peas
<b>25<sup>th</sup> February</b>	<b>Dessert</b>	Chocolate sponge & Custard Yoghurt Fresh Fruit Platter	Pineapple upside down Yoghurt Fresh Fruit Salad	Fruit flapjack Yoghurt Fresh Fruit Platter	Chocolate cookie/ rice pudding Yoghurt Fresh Fruit Salad	Jam shortcake Yoghurt and Fruit Station
<b>18<sup>th</sup> March</b>						
<b>8<sup>th</sup> April</b>						
<b>Week 2</b>	<b>Main</b>	Hot Dog With Chips veg hot dog	Pasta Bolognese	Roast Gammon with Roast Potatoes and Gravy	Fish fingers With Roast potatoes	Battered Fish with Chips
<b>14<sup>th</sup> January</b>	<b>Vegetarian</b>		Mac' N' Cheese	Tuna pasta bake	Cheese & bean bake	Cheese & Pepper Whirl
<b>4<sup>th</sup> February</b>		Coleslaw Sweet corn	Peas Carrots	Broccoli Sweetcorn	Swede & green beans	Baked Beans Garden Peas
<b>4<sup>th</sup> March</b>	<b>Dessert</b>	Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Raspberry bun / muffin Yoghurt Fresh Fruit Chunks	Cheese, Apple and Biscuits Yoghurt Fresh Fruit Salad	Oaty Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Choc & orange brownie Yoghurt and Fruit Station
<b>25<sup>th</sup> March</b>						
<b>Week 3</b>	<b>Main</b>	BBQ Chicken Pizza	All Day Breakfast	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne	Battered Fish with Chips
<b>21<sup>st</sup> January</b>	<b>Vegetarian</b>	Cheese & Tomato Pizza	Waffle , scrambled egg	Cheese Omelette	Vegetable Lasagne	Cheese & onion Quiche
<b>11<sup>th</sup> February</b>		Sweet corn Mixed Peppers	Baked beans	Savoy Cabbage Sweetcorn	Cauliflower Carrots	Baked Beans Garden Peas
<b>11<sup>th</sup> March</b>	<b>Dessert</b>	Mandarin Upside Down Cake Yoghurt Fresh Fruit Platter	Rice Pudding with Mixed Berries Yoghurt Fresh Fruit Salad	Carrot and Courgette Cake & Custard Yoghurt Fresh Fruit Chunks	Chocolate & Banana Oaty Square Yoghurt Fresh Fruit Salad	Jam Roly poly Yoghurt and Fruit Station
<b>1<sup>st</sup> April</b>						

Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection

