

School Meals Lunch Menu – 2015/2015

Week 1

Week Beginning: 31/8/15, 21/9/15, 12/10/15, 9/11/15, 30/11/15, 4/1/16, 25/1/16, 22/2/16, 14/3/16, 18/4/16, 9/5/16, 6/6/16, 27/6/16, 18/7/16.

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Meal of the Day	Fish Fingers Chips Bread	Sausages Hash Brown Bread	Roast Gammon Pineapple Creamed Potatoes	Spaghetti Bolognese Crusty Baguette	Roast Chicken Stuffing Creamed Potatoes
Vegetarian Option	Macaroni Cheese	Homemade Quiche	Vegetarian Burger	Vegetarian Bolognese	Vegetarian Sausages
Accompaniments	Mushy/Garden Peas Beetroot Parsley Sauce	Baked Beans	Green Beans Baton Carrots Gravy	Sweetcorn Peas	Broccoli Carrots Gravy
Main Dessert	Treacle Sponge Custard	Artic Roll	Apple Crumble Custard	Bakewell Tart Custard	Chocolate Chip Cake Chocolate Sauce
Jacket Potatoes	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings

Week 2

Week Beginning: 7/9/15, 28/9/15, 19/10/15, 16/11/15, 7/12/15, 11/1/16, 1/2/16, 29/2/16, 4/4/16, 25/4/16, 16/5/16, 13/6/16, 4/7/16, 25/7/16.

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Meal of the Day	Pizza Slice or Salmon Goujons Chips	Chicken Curry Rice Naan Bread	Roast Pork Stuffing Potato Swirls	Meat and Potato Pie Roast Potatoes	Sausages Creamed Potatoes
Vegetarian Option	Vegetable Frittata	Pasta with Tomato Sauce	Vegetarian Burger	Vegetarian Chilli Rice	Vegetarian Sausages
Accompaniments	Baked Beans Coleslaw Green Salad	Garden Peas Sweetcorn	Sprouts Carrots Gravy	Cauliflower Broccoli Gravy	Cabbage Carrots Gravy
Main Dessert	Eves Pudding Custard	Lemon Curd Sponge Custard	Chocolate Shortcake Custard	Rice Pudding Jam Sauce	Rice Crispy Square
Jacket Potatoes	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings

Week 3

Week Beginning: 14/9/15, 5/10/15, 2/11/15, 23/11/15, 14/12/15, 18/1/16, 15/2/16, 7/3/16, 11/4/16, 2/5/16, 23/5/16, 20/6/16, 11/7/16.

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Meal of the Day	Battered Fish Creamed Potatoes	Oven Baked Chicken Chunks Chips	Roast Turkey Stuffing Creamed Potatoes	Pork Sausages in Finger Bread Roll Jacket Wedges	Savoury Mince Yorkshire Puddings Potato Swirls
Vegetarian Option	Pasta in Sauce Crusty Roll	Southern Style Burger in a Bun	Quorn Fillet	Vegetarian Pizza	Vegetarian Sausages
Accompaniments	Peas Sweetcorn Parsley Sauce	Salad Coleslaw Mixed Vegetables Salad Cream	Carrot Broccoli Gravy	Baked Beans Braised Onions	Spring Cabbage Sweetcorn Gravy
Main Dessert	Marble Sponge Custard	Jelly and Ice Cream	Iced Cake Slice Chocolate Sauce	Crispy Jam Cake Custard	Jam Roly Poly Custard
Jacket Potatoes	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings	Choice of Hot and Cold Fillings

All meals are freshly cooked at school. All meat is fresh and UK sourced from farms within the region. A selection of wholemeal and best of both bread available daily. With the exception of chips, our food is cooked using baking and steaming methods. Water is available each day. We use seasonal fruits and vegetables.